

## **Housing**

### **Family House Ministries**

253-302-5335

[www.familygrowthcenter.com](http://www.familygrowthcenter.com)

FGC will provide rooms for at risk youth for up to 1 year. Vocational training, life counseling, goal setting / life skills are the objectives of this comprehensive ministry.

### **Step by Step**

(253)-896-0903

[ourfamily@stepbystepfamily.org](mailto:ourfamily@stepbystepfamily.org)

<https://www.stepbystepfamily.org/>

Housing referrals, In home housing, parenting classes, in home nursing, counseling, mentoring and baby supplies.

### **New Beginnings**

(253)-353-2229

[www.newbeginningshome.org](http://www.newbeginningshome.org)

Their priority is to the birth mom while offering a support group, counseling, meals and a home during pregnancy. More about their ministry is on their web site.

### **Tacoma Rescue Mission**

253-383-4493 Emergency shelter

[www.trm.org](http://www.trm.org)

ext. 1183 single women and children

ext. 1500 families

1583 recovery

Parenting classes available to families, single women staying at the mission.

### **Salvation Army of Tacoma**

(253)-572-8452

[www.tacoma.salvationarmy.org](http://www.tacoma.salvationarmy.org)

Shelter, food, clothing for families to include pregnant women.

## **Presented By**



## **WASHINGTON Alliance for Life**

### **Support Life Today**

**If you would like to join us in support of life, contact us today volunteers are needed and funds are needed to help us get pregnancy and other resources support for women in Pierce County.**

### **Washington Alliance for Life**

### **Contact Information:**

web: [www.wash4life.com](http://www.wash4life.com)

[washall4life@gmail.com](mailto:washall4life@gmail.com)

Washington Alliance for Life Face Book

Mail donations to:

Washington Alliance for Life  
PO Box 343  
Graham, WA 98338



### **REFERRAL LIST**



**Do you need  
help with your  
pregnancy?  
Free resources  
Are available.**

There are people and organizations ready and waiting to offer you the compassionate help that you need. We know you love your baby and want to help you.

**The enclosed organizations offer  
Free and confidential help for you  
or someone you know:**

- Counseling and support
- Medical help
- Housing if available and needed
- Maternity Clothing
- Baby and clothing up to 2 years
- Adoption
- A place to live
- Birthing and Parenting classes
- Baby and clothing up to 2 years
- Baby furniture and car seats

## **Pregnancy Support Services**

### **Care Net**

Pregnancy & Family Services of Puget Sound

(877) NOT-ALONE (668-2566)

[www.carenetsps.org](http://www.carenetsps.org)

They provide free and confidential services including the following:

Pregnancy Testing - Ultra Sounds –Prenatal care  
Option Counseling - Abortion Recovery  
Counseling – Childbirth & Parenting Classes,  
Baby Boutique, STD/ STI Screening, Sexual  
Health Education

#### **Lakewood**

253-984-6222

10828 Gravelly Lake Dr. S.W. Suite 101  
Lakewood, WA 98499

#### **Tacoma**

253-383-2988

1924 South Cedar, Suite B  
Tacoma, WA 98405-2304

#### **Puyallup**

253-770-8697

10215 125<sup>th</sup> street  
Puyallup, WA 98374

#### **Gig Harbor**

253-858-5585

2727 Hollycroft St. #130  
Gig Harbor, WA 98335

#### **Federal Way**

253 941-2664

1414 S. 324th St. B105  
Federal Way, WA 98003

## **Our Lady of Guadalupe**

(253)-582-3384

Mondays and Fridays 10:00AM – 12:00PM

They provide diapers, layettes, clothing and car seats. Assisting mothers in getting the support they need.

### **Pregnancy Aid**

Tacoma (253)-383-4100

902 Market St. Tacoma, 98402

Mon. Wed. and Fri. 10:00AM – 1:30 PM

Kent: (253)- 852-1201

Auburn (253)-939-6676

Des Moines (206)-878-3770

They provide immediate assistance for any pregnant woman, pregnancy testing, counseling, food and maternity and baby clothing. Help with financial and medical through referral to professional and community are also available.

### **Gabriel Project**

(800)-926-ANGEL

Pregnancy support

The Gabriel Project provides immediate assistance for any pregnant woman. Counseling, Pastoral and adoption counseling.

### **Adoption**

CCS Catholic Community Services

(206) 328-5921

CCS provides adoption services, counseling, maternity and baby clothing. They obtain help with referrals for housing, medical, financial assistance.

Foster Care 253-383 3693

## **Adoptions Services Continued**

### **CHOICE Adoptions**

Pregnancy Hotline 800-335-9310

Serving Washington and Oregon

### **Post Abortion Healing**

### **Care Net of Puget Sound**

Healing Tide

Abortion Recovery Program

(253)-770-8697

<http://carenetsps.org/services/abortion-recover>  
[healingtide@carenetsps.org](mailto:healingtide@carenetsps.org)

They provide free and confidential counseling for men, women, siblings, grandparents or anyone else that might be hurting emotionally, physically or spiritually due to an abortion.

### **Healing Hearts**

(206)-353-6936

<http://www.healinghearts.org>

. A Gospel centered grace driven ministry that offers hope and healing through God's word to people that have been broken by sin. Healing hearts, healing one family at a time